



IRISH PONY CLUB STANDARDS OF EFFICIENCY

TEST SHEET 'B+' STANDARD

Minimum age 18 years (in year of test)

Candidates will ride each others horses on the flat & over two small fences

Colour – Lilac

Horses will be provided for the flat riding session

OBJECTIVE

Riding

Is to enable candidates to achieve a high standard in riding a number of horses on the flat and over fences.

To become practical in their assessment and training of horses from an early age to development.

Lungeing

To help candidates to lunge horses for exercise in the correct way of going, to enable the horse to develop correctly.

Teaching

This section will enable candidates:

To show that they have the required qualities and can apply the basic principles of teaching, e.g. manner, voice control, maturity, confidence etc. and that they have the ability to improve their pupil's horsemanship and horsemastership using a progressive plan. They should know the safety procedures and principles involved in the organisation of a lesson or hack (in the open country or on roads). Demonstrate the ability to assess the level of their pupil and devise a lesson plan to suit.

To know where to access information and assistance.

Candidates should hold a current First Aid Certificate and Child Protection Awareness Course Certificate.

Riding

This section will enable candidates:

To have a secure independent seat, a basically correct position and a good standard of riding at all paces and over fences.

Ride effectively demonstrating the correct use of aids for what they are doing. Candidates will be required to ride a horse in a double bridle in all three gaits. (Horses will be provided)

To understand the reasons behind what they are doing and demonstrate (where the horse allows) traver, pirouette.

Introduction to shoulder-in e.g. shoulder fore.

To be able to ride a course of fences at all appropriate paces over different terrains.

To ride a course of show jumps (1m.) and maintain a good rhythm throughout.

To ride cross country fences on a variety of horses and deal with an problems they may encounter with understanding and equestrian tact.

Ride a horse over a small fence (at examiners discretion)

Lungeing:

Candidates will be required:

Lunge the horse effectively showing experience and efficiency in handling the lunge equipment and the horse.

Safe & practical handling of equipment and the horse are of prime importance.

Side reins when used, should not inhibit the horse and should be adjusted (by the candidate) if required.

To show that there is a good size of circle, and the candidate is in a safe position at all times. The horse will maintain a reasonable rhythm and will get sufficient exercise to maintain health.

To recognise and identify the correct way of going and any incorrectness which may arise during the session.

To assess the performance of the horse and discuss the outcomes with the examiner.

Teaching

Candidates will be required to:

Risk assessment – recognise hazards and know what would be a “reasonably practicable” solution to hazards found.

Know the correct procedures in the event of an accident.

Check the fitting and suitability of tack in relation to the work they are doing.

Candidates may be asked to do any of the following:

Group lesson (jump or flat), lead rein lesson

All candidates will be required to give a stablemanagement lesson up to C+ level.

Develop a progressive lesson plan to enable your pupils to progress in a **fun**, interesting and stimulating way from level to level.

READING: Teaching Children to Ride, *By Jane Wallace*

The Pony Club Instructor’s Manual, *available from IPC Shop*