

Co. Clare Pony Club

Winter Triathlon 2022

Sunday 27th Feb

Shoot -
Swim -
Run -

Senior Boys

Over 15yrs

Swim 4 mins
Run 3km
Pistol 10m

Senior Girls

Over 15yrs

Swim 3 mins
Run 1.5km
Pistol 10m

Jr Boys & Girls

Under 15yrs

Swim 3 mins
Run 1.5km
Rifle 10m

Minimus Boys & Girls

Under 12yrs

Swim 2 mins
Run 1km

Fledgling Boys & Girls

Under 10yrs

Swim 2 mins
Run 1km

Entries on www.itsplainsailing.com/club/ccpc

Swim & shoot times posted on www.clareponyclub.ie

For Queries and Further Information Contact:

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