



## IRISH PONY CLUB STANDARDS OF EFFICIENCY TEST SHEET 2017 **'D'** STANDARD

### **OBJECTIVE**

- To be able to show how to ride your pony in a confident, balanced position and at an even pace.
- To be working towards developing a balanced position.
- To understand basic means of communicating with the pony (aids) and how to use them.
- To ride in a confident and capable manner.

### **RIDING**

- Mount using mounting block or leg-up if required and dismount.
- Hold and shorten the reins correctly and carry a whip in either hand.
- Be able to walk on a long rein.
- To be able to control a quiet pony in company, on the roads and in the countryside.
- Walk without stirrups.
- Be able to demonstrate the various means of communicating with the pony in order to maintain control and ride simple turns and circles in walk and trot.
- Be able to canter independently.
- Ride in undulating terrain in walk and trot (enclosed field).
- Ride over a single pole and very small fences.

### **ROAD SENSE THEORY**

- To know on which side of the road you should ride.
- To understand a simple Junior Road Rider Code.
- How to ride along a road, cross a road and say 'thank you' and how to signal to turn right or left.
- To know that it is much safer to ride on the road with parents or adults and the importance of hi-viz clothing.
- Recognise the dangers to ponies from cars and other traffic.
- To know the likely hazards one can meet when riding on the road.

### **HORSEMASTERSHIP**

- Know the basic needs of and care for a pony living in a field.
- Put on a saddle and bridle with assistance.
- Be able to tell if the saddle and bridle are fitting comfortably.
- Know how to clean and care for saddlery.
- Catching a pony and turning it away in the field.
- Lead a pony in hand at walk and trot, and turn correctly.
- Tie up a pony correctly.
- Names and uses of grooming kit.
- Recognise if a pony needs shoeing.
- Pick up and pick out feet.
- Points of the pony, colours and markings.

- Be able to recognise turn-out rugs and a night rug.
- Basic signs of good health in your pony.

**READ**

Notes by Anthea Rainsbury

**VIEW**

The Pony Club Stable Management Series

The Following Sections in:

'The Manual of Horsemanship'

Points of the Pony

Colours and Markings

Care and working a pony off grass

Putting on a saddle

Putting on a bridle

Unsaddling

Saddle fitting

Bridle fitting

To tie up correctly

Care of saddlery

Jumping position

The Pony Club Publication:

'Junior Road Rider'

The RSA Horse Road Safety Booklet

**Minimum Age 10 ( in year of the test)**

**Disc Colour - White**