



### **Summary of Minimum Standards of Medical Cover at Irish Pony Club Competitions**

		<b>Appointed person</b>	<b>Trained First aider</b>	<b>Qualified First aider</b>	<b>Fully equipped first aid kit</b>	<b>EMT or Paramedic</b>	<b>Paramedic or Doctor</b>	<b>Ambulance</b>
<b>Rallies/camps</b>		Yes	Yes		Yes			
	With Cross Country	Yes		Yes	Yes			
<b>Fun/sponsored rides</b>		Yes			Yes			
	With Jumping	Yes		Yes	Yes			
<b>Mounted games</b>	Training/ Rallies	Yes	Yes		Yes			
	Area Competition	Yes	Yes		Yes			
	National Championship	Yes			Yes	Yes	Yes	Yes
<b>Dressage</b>	Training and Competition	Yes	Yes	Yes	Yes			
	National Comp and Championships	Yes		Yes	Yes			
<b>Show Jumping</b>	Training (under instruction)	Yes	Yes		Yes			
	Competitions up to and including 1m or 20-60 competitors	Yes		Yes	Yes	Yes		
	Competitions over 1m or 50-100 competitors	Yes		Yes	Yes	Yes		Yes
	National Championship	Yes		Yes	Yes	Yes	Yes	Yes
<b>Cross country</b>	Training (under instruction)	Yes	Yes		Yes			
	Branch Competition	Yes		Yes	Yes	Yes	Yes	
	Inter Branch Competition	Yes			Yes	Yes	Yes	Yes
	Area Qualifier	Yes			Yes	Yes	Yes	Yes
	National Championship	Yes			Yes	Yes	Yes	Yes
<b>Tetrathlon</b>	Run	Yes	Yes		Yes			
	Swim	Yes	Yes		Yes			
	Shoot	Yes	Yes		Yes			

The aim is to get the casualty to hospital within one hour. If you expect this may not be possible you should plan to have more medical care on site e.g. an Ambulance, Paramedic or Doctor.

## **Definitions:**

**Appointed Person:** Someone appointed by the DC/Committee to co ordinate Medical requirements in compliance with minimum standards, including communication in the event of a serious accident. This may be the Trained or Qualified first aider, provided they are part of the Branch team organizing the activity.

**Trained First Aider:** A person who has received a certificate for attending a recognized course run by one of the voluntary ambulance service providers. This qualification must be revalidated after no more than 3 years.

**Qualified First Aider:** A person who holds a First Aid at Work or an Equine Specific First aid qualification or a qualified Nurse. First Aid at Work certificate must be revalidated after no more than 3 years.

**Fully Equipped First Aid Kit:** All Branches should have a fully equipped first aid kit designed for a workplace and not one designed for home or personal use. (has.ie for recommendations)

**Emergency/Cardiac First Responder:** Person trained in basic life support and in the use of a defibrillator

**EMT:** (Emergency Medical Technician) a registered practitioner who has completed PHECC's training at EMT level – minimum standard to provide care and transport of an injured patient.

**Paramedic:** a registered practitioner who has completed PHECC's training at EMT level – qualified to provide care and transport of a patient with serious or life threatening injuries.

**Advanced Paramedic:** as Paramedic and with responsibility for education and clinical lead.